## Write-on Checklist

Did I commit any of these sins?	Yes	No
Did I miss Mass on a Sunday or holy day of obligation on purpose?		
Apart from drinking water or taking medicine, did I fail to fast for one hour before Communion?		
Did I distract others or not pay attention during Mass?		
Did I neglect to say my prayers each day?		
Did I fight with my siblings or classmates?		
Did I disobey my parents or other grown-ups?		
Did I use bad language?		
Did I fail to do my chores or homework?		
Did I watch bad shows, read bad books or magazines, or listen to bad music?		
Did I think, talk, and act modestly?		
Did I steal, damage, or destroy something?	2	
Did I cheat?		
Did I lie, gossip, or tell secrets?		
Did I treat anyone unkindly because I was jealous of his family or friends or of the attention he got from teachers or coaches?		
Did I wish I had what belongs to another so much that I made myself sad or angry?		
Did I share my things with others?		
Anything else?		